

These slush ice drinks or 'slushies' contain glycerol. Children under 7 should **NOT** consume these drinks.

Glycerol can
cause sickness
and headaches
in young children

Children under
10 should have a
maximum of one
350ml 'slushie'
per day.

That's about the size
of a fizzy drink can.

More information on glycerol:
[food.gov.uk/glycerol](https://www.food.gov.uk/glycerol)

